

Lettuce
meat! 🍷




No **bun** 
intended.



HAPPY & HEALTHY
Hamburger
Day!

Teladoc
HEALTH

 Teladoc Health •

Jul 28, 2023 • ⚙️

Want to celebrate National
Hamburger Day and stay on
track with your health goals?
Lettuce wrap. Lose the bun to
cut carbs. Enjoy.

[#NationalHamburgerDay](#)