

Lettuce
meat! 



HAPPY & HEALTHY
Hamburger
Day!

Teladoc
HEALTH

No bun 
intended.



 Teladoc Health 
Jul 28, 2023 • 

Want to celebrate National Hamburger Day and stay on track with your health goals? Lettuce wrap. Lose the bun to cut carbs. Enjoy.

#NationalHamburgerDay